



Host Optimization: Addressing Systemic Barriers - Nutrition, Smoking, and Behavioral

09/30/2026 7:00 PM Eastern

Live Virtual Webinar

Even the most sophisticated wound care interventions fail when the patient's systemic physiology cannot support tissue repair. Chronic wounds are often the visible manifestation of deeper biological disruptions—metabolic instability, anemia, renal disease, chronic inflammation, immune dysfunction, and endocrine imbalance.

This episode shifts the clinical lens from the wound bed to the host environment, emphasizing how systemic factors determine healing capacity. Faculty will explore the biologic mechanisms through which conditions such as diabetes, chronic kidney disease, anemia, obstructive sleep apnea, and inflammatory disorders impair wound repair.

Participants will learn how to recognize these “silent saboteurs” early, collaborate with interdisciplinary partners to optimize systemic health, and determine when wound-directed interventions must be delayed until host physiology improves. By addressing these upstream drivers, clinicians can transform stalled wounds into healing wounds while improving long-term patient outcomes.

Learning Objectives:

By the end of this session, participants will be able to:

1. Identify systemic contributors: recognize metabolic, hematologic, renal, and inflammatory disorders that impair wound healing.
2. Explain the mechanisms: describe how systemic disease drives tissue repair failure and wound chronicity.
3. Screen for silent saboteurs: evaluate patients for anemia, obstructive sleep apnea, and chronic kidney disease.
4. Apply host optimization: integrate glycemic control, nutrition, and medical management into wound care plans.
5. Sequence care correctly: determine when systemic stabilization must precede local or advanced wound therapy.

Intended Audience: Podiatrists

Fees: \$ 0.00

Refund Policy: N/A

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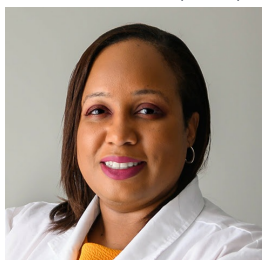
Traci Kimball, MD



Traci Kimball, MD, is a vascular medicine and wound care specialist with nine years of experience. She holds degrees from The University of Texas at Austin and The University of Texas Health Sciences Center at San Antonio, and is currently pursuing an MBA in Healthcare Management from Daniel's College of Business at Denver University. A general surgeon by training, Dr. Kimball has additional qualifications in vascular medicine and wound care. She is the Founder of WISH Skin Labs B-corp and actively promotes value-based, patient-centered care through community outreach and education. Dr. Kimball has held leadership roles, including Daniel's School of Business Student Ambassador and Region 3 Medical Student Delegate to the American Medical Association.

Disclosures: Dr. Kimball is a consultant for Encoll Histologics and Nueyes; on the speaker's bureau for Encoll Society of Biomaterials; receives grant/research support from Sygnola, Feel Tech/Kaleidoscope, WCG-Merskris, and Encoll; is a stock shareholder of Ekagra Health and Fruitstreet Health, NuLoupes NuEyes, and Clara Care; and is an employee of the Wish Clinic.

Maria Goddard, MD, CWS, MAPWCA



Maria Goddard, MD, CWS, MAPWCA, is a Midwest-based board-certified wound care specialist with advanced training in General and Burn Surgery. Certified by both the American Board of Wound Management and the American Board of Wound Healing, she is actively involved in the Association for the Advancement of Wound Care and the American Burn Association. Dr. Goddard is dedicated to bridging care gaps due to regulatory and resource differences, with professional interests in burn care, geriatrics, global health, telemedicine, and education.

Disclosures: Dr. Goddard is a consultant for Tissue Health Plus, Hartmann, Medline, and Solventum; receives honorariums from HMP Global; is an employee of CVS, and receives royalties from Medsmastery.

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