



Lymphedema Treatment: An Evidence-Based Approach from Conservative Treatment to Surgical Options

09/29/2026 7:00 PM Eastern

Live Virtual Webinar

A review of the full spectrum of management, spanning conservative rehabilitative therapy and surgical interventions.

Learning Objectives:

1. Describe current surgical options and criteria for patient selection.
2. Identify evidence-based conservative treatment strategies.
3. Recognize clinical indications for referral to surgical consultation.
4. Understand post-surgical rehabilitation considerations.
5. Apply an interdisciplinary framework to optimize patient outcomes.

Intended Audience: Podiatrists

Fees: \$ 0.00

Refund Policy: N/A

In-House CME is accredited by the Council on Podiatric Medical Education as a provider of continuing education in podiatric medicine. In-House CME has accredited this activity for a maximum of 1.0 continuing education contact hour.

No commercial interest provided financial support for this continuing education activity.

Panelists

Frank Aviles, PT, CWS, FACCWS, CLT-LANA, ALM, AWCC, PT



Frank Aviles, Jr. is a physical therapist with more than 35 years of experience specializing in chronic wound and lymphedema management. He is the owner and consultant of Cane River Therapy Services LLC and works with Mobile Rehab and Lymphatics in Naples, Florida. Frank is actively involved in education, research, and advocacy and co-hosts The Frank & Lizzie Show, an educational platform for wound care and lymphedema clinicians.

Disclosures: Mr. Aviles is a consultant for Eva Medtec, Sun Scientific, and Norton School of Lymphatic Therapy

Shelley DiCecco, PT, PhD, CLT-LANA, CI-CS



Dr. Shelley DiCecco, PT, PhD, CLT-LANA, CI-CS, founded LymphEd in 2017 as part of Casley-Smith International Lymphoedema Instructors. She earned her Physical Therapy degree in 2000, became a Women's Health Specialist in pelvic floor disorders that same year, and a Certified Lymphedema Therapist in 2001. She received her PhD from Texas Woman's University in 2012, with research focused on genital lymphedema. Dr. DiCecco is Director of the lymphedema and pelvic floor service at a clinic in Atlanta and serves as a full-time Associate Professor and Chair in the Physical Therapy Department at PCOM-Georgia. Her research focuses on lymphatics, including genital and pediatric lymphedema, and she serves as Director of Medical Content for the Lighthouse Lymphedema Network.

Disclosures: No financial relationships with commercial interests to disclose

For more information contact In-House CME at info@InHouseCME.com. If you wish to opt out of your information being shared with commercial interests, please contact us.