



Pediatric Sports Injuries You Can't Miss

09/23/2026 7:00 PM Eastern

Live Virtual Webinar

This CME program on pediatric sports injuries you can't miss equips clinicians with a practical, high-yield framework for recognizing time-sensitive and commonly overlooked injuries in the active child and adolescent. Participants will review injury patterns unique to the growing athlete, with emphasis on physeal injuries, stress-related pathology, and conditions that may present subtly yet carry significant long-term consequences if missed. Learners will also examine sport-specific mechanisms, red-flag clinical findings, and appropriate use of imaging to differentiate benign overuse injuries from those requiring urgent intervention. By integrating developmental anatomy with injury biomechanics and return-to-play decision-making, this program empowers clinicians to identify critical pediatric sports injuries early and deliver safe, evidence-based, patient-centered care.

Learning Objectives:

Upon completion of this activity, participants will be able to:

1. Identify key apophyseal injury patterns, including Sever's disease, Osgood-Schlatter disease, and Iselin disease.
2. Explain how growth spurts affect musculoskeletal load distribution and soft-tissue tension.
3. Select appropriate taping, orthotic, and activity-modification strategies for patients with apophyseal injuries.
4. Analyze gait compensations and kinetic-chain relationships associated with apophyseal injuries.
5. Evaluate potential long-term musculoskeletal adaptations following apophyseal injury.

Intended Audience: Podiatrists

Fees: \$ 0.00

Refund Policy: N/A

In-House CME is accredited by the Council on Podiatric Medical Education as a provider of continuing education in podiatric medicine. In-House CME has accredited this activity for a maximum of 1.0 continuing education contact hour.

No commercial interest provided financial support for this continuing education activity.

Panelists

Mark Solomon, DPM



Dr. Mark Solomon is a partner of The Pediatric Orthopedic Center in Cedar Knolls, New Jersey. He is the director and founder of the Pediatric Foot and Ankle Fellowship, which is the first DPM/MD/DO fellowship with a pediatric orthopedics group. Dr. Solomon is managing and founding partner of POC Creative Works, LLC which is a think tank of pediatric orthopedic surgeons with the combined goal of innovation, research and development of products that help children rehabilitate and recover from orthopedic illnesses and injuries.

Disclosures: Dr. Solomon is a consultant for Stryker, Orthofix, and Ossio

For more information contact In-House CME at info@InHouseCME.com. If you wish to opt out of your information being shared with commercial interests, please contact us.