



MIS-adventures: Complications & Pitfalls of Minimally Invasive Surgery

09/17/2026 7:00 PM Eastern

Live Virtual Webinar

Minimally invasive surgery (MIS) delivers clear advantages—but it also introduces a unique set of complications that can quietly undermine outcomes. “MIS-adventures” takes a candid look at the pitfalls of limited-incision techniques across foot and ankle surgery, from inadequate visualization and malreduction to thermal necrosis, iatrogenic nerve injury, and fixation errors. The episode dissects where MIS goes wrong, why it happens, and how small technical missteps can have outsized clinical consequences. The discussion emphasizes prevention and recovery: patient selection, imaging strategies, intraoperative checkpoints, and early recognition of complications before they snowball. From fluoroscopic illusions to overconfidence in percutaneous workflows, this episode is about sharpening judgment as much as technique. Because in MIS, the margin for error is smaller—and if you’re going to make a small incision, you’d better make a big effort to get everything else right.

Learning Objectives:

1. Identify common complications associated with MIS in foot and ankle surgery, including malreduction, nonunion, nerve injury, and thermal damage
2. Analyze technical and decision-making factors that contribute to complications in MIS procedures
3. Implement strategies for prevention, early detection, and management of MIS-related complications.

Intended Audience: Podiatrists

Fees: \$ 0.00

Refund Policy: N/A

In-House CME is accredited by the Council on Podiatric Medical Education as a provider of continuing education in podiatric medicine. In-House CME has accredited this activity for a maximum of 1.0 continuing education contact hour.

No commercial interest provided financial support for this continuing education activity.

Panelists

Jeffrey Dikis, DPM



Dr. Jeffrey Dikis is a board-certified podiatric foot and ankle surgeon currently practicing at McFarland Multispecialty Clinic in Polk City, Iowa. He earned his Doctor of Podiatric Medicine degree from Des Moines University College of Podiatric Medicine & Surgery in 2012, following his undergraduate studies in Integrative Physiology at the University of Iowa. Dr. Dikis completed his comprehensive foot and ankle surgery residency at the University of Pittsburgh Medical Center from 2012-2015, where he served as Chief Resident Physician in his final year. He achieved board certification from the American Board of Foot and Ankle Surgery in both Forefoot Surgery and Rearfoot & Ankle Surgery in 2021, and is a Fellow of the American College of Foot and Ankle Surgeons.

Beyond his clinical practice, Dr. Dikis is actively involved in medical education and research, serving as a Clinical Instructor at Des Moines University College of Podiatric Medicine & Surgery and as a peer reviewer for medical journals including the Journal of the American Podiatric Medical Association. He has authored multiple research publications on topics ranging from surgical techniques to biomechanical analyses and has presented over 50 presentations during his career. Dr. Dikis is also a prominent voice in podiatric education through his hosting of the Pod Patrol Podcast, which ranks in the top 10% of Spotify Video Podcasts, and the GaitKeepers National Journal Club. His clinical interests focus on arthroscopy and minimally invasive surgery, sports medicine and athletic injuries, and trauma and rearfoot reconstructive surgery.

Disclosures: No financial relationships with commercial interests to disclose.

Brad Abicht, DPM



Dr. Abicht is a board-certified foot and ankle surgeon practicing for over a decade at Emplify Health System by Gundersen in La Crosse, WI. He is a fellow of the American College of Foot and Ankle Surgeons and currently serves as department chair for the Podiatric Medicine and Surgery Department at Gundersen Health System. Dr. Abicht is actively involved in medical education, medical leadership, as well as research with regular publications in peer-reviewed journals and textbooks. Additionally, he is the Medical Director for Lower Extremity Review EXPO and serves on the editorial board for multiple journals. Dr. Abicht is a leading surgeon innovator within the foot and ankle space, with particular interests in percutaneous and MIS techniques as well as emerging technologies that advance patient care. Outside of his professional activities, he enjoys spending as much time as he can with his wife and two sons.

Disclosures: Consultant or Enovis Foot & Ankle, Aztron MedTech, and TheraMicro; Medical Director IerEXPO; Chair Podiatry Department Emplify; Employee of Health by Gundersen; Associate Editor ASTRAC; Editorial Board Member Podiatry Today

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