



Realignment of the Hindfoot: MIS Techniques in Fusions

07/02/2026 8:00 PM Eastern

Live Virtual Webinar

Minimally invasive surgery (MIS) is expanding the toolkit for hindfoot realignment, allowing surgeons to correct complex deformities while minimizing soft tissue disruption. “Realignment of the Hindfoot” focuses on MIS fusion techniques for the subtalar, talonavicular, and calcaneocuboid joints, with an emphasis on restoring alignment in all three planes. The episode breaks down percutaneous joint preparation, deformity correction strategies, and fixation constructs that provide both stability and precision—without the morbidity of extensile exposures.

Beyond technique, the discussion centers on the decision-making that drives successful outcomes: when to fuse, which joints to include, and how to avoid under- or overcorrection. Special attention is given to weightbearing alignment, compensation at adjacent joints, and the limitations of indirect visualization. Whether addressing progressive flatfoot, cavovarus deformity, or post-traumatic arthritis, this episode highlights how MIS fusion can achieve powerful realignment with a lighter surgical footprint.

Learning Objectives:

1. Identify appropriate indications for MIS hindfoot fusion procedures based on deformity type, severity, and joint involvement.
2. Apply key principles of multiplanar deformity correction and joint preparation using minimally invasive techniques.
3. Recognize common pitfalls in MIS hindfoot fusion, including malalignment and nonunion, and implement strategies to optimize outcomes.

Intended Audience: Podiatrists

Fees: \$ 0.00

Refund Policy: N/A

In-House CME is accredited by the Council on Podiatric Medical Education as a provider of continuing education in podiatric medicine. In-House CME has accredited this activity for a maximum of 1.0 continuing education contact hour.

No commercial interest provided financial support for this continuing education activity.

Panelists

Jeffrey Dikis, DPM



Dr. Jeffrey Dikis is a board-certified podiatric foot and ankle surgeon currently practicing at McFarland Multispecialty Clinic in Polk City, Iowa. He earned his Doctor of Podiatric Medicine degree from Des Moines University College of Podiatric Medicine & Surgery in 2012, following his undergraduate studies in Integrative Physiology at the University of Iowa. Dr. Dikis completed his comprehensive foot and ankle surgery residency at the University of Pittsburgh Medical Center from 2012-2015, where he served as Chief Resident Physician in his final year. He achieved board certification from the American Board of Foot and Ankle Surgery in both Forefoot Surgery and Rearfoot & Ankle Surgery in 2021, and is a Fellow of the American College of Foot and Ankle Surgeons.

Beyond his clinical practice, Dr. Dikis is actively involved in medical education and research, serving as a Clinical Instructor at Des Moines University College of Podiatric Medicine & Surgery and as a peer reviewer for medical journals including the Journal of the American Podiatric Medical Association. He has authored multiple research publications on topics ranging from surgical techniques to biomechanical analyses and has presented over 50 presentations during his career. Dr. Dikis is also a prominent voice in podiatric education through his hosting of the Pod Patrol Podcast, which ranks in the top 10% of Spotify Video Podcasts, and the GaitKeepers National Journal Club. His clinical interests focus on arthroscopy and minimally invasive surgery, sports medicine and athletic injuries, and trauma and rearfoot reconstructive surgery.

Disclosures: No financial relationships with commercial interests to disclose.

Tyler Gonzalez



Dr. Tyler Gonzalez is a fellowship-trained and board-certified orthopedic foot and ankle surgeon treating patients of all ages. He has a clinical interest in minimally invasive surgery, minimally invasive bunion correction, ankle replacements, ankle arthroscopy, foot and ankle arthritis, Charcot Marie Tooth disease, sports-related injuries, cartilage preservation and replacement surgery, bunion and hammertoe surgery, ligament/tendon disorders, dance medicine, and orthopedic trauma and fracture care. After receiving a Master of Business Administration and Doctor of Medicine from UCLA in Los Angeles, Dr. Gonzalez completed a residency in orthopedic surgery at Harvard Medical School in Boston, followed by a fellowship in foot and ankle surgery at Cedar Sinai Medical Center in Los Angeles. He is the author of over 100 peer-reviewed scientific publications and presentations and routinely lecture at regional, national, and international forums. Dr. Gonzalez is an active journal reviewer and President and co-founder of Orthopaedic Foot and Ankle Society, Inc., a collaboration of foot and ankle surgeons to improve the delivery of healthcare, innovate on current surgical technologies, and advance overall patient care.

Disclosures: Is a consultant for and receives grant/research support from Vilex

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