



In-House CME

PAD Update: Intermittent Compression to Enhance Limb Perfusion

05/05/2026 6:00 PM Eastern

Live Virtual Webinar

While the efficacy of Intermittent Pneumatic Compression (IPC) in enhancing arterial circulation has been documented for decades, it remains a significantly underutilized tool in the vascular toolkit. Unlike standard venous or lymphatic compression, arterial IPC utilizes a distinct hemodynamic mechanism specifically designed to augment distal perfusion and improve limb salvage.

As a low-risk, guideline-recommended intervention, IPC serves as a vital adjunctive therapy for the full spectrum of Peripheral Arterial Disease—particularly for patients classified as "no-option" for traditional revascularization. This session explores how to integrate IPC with medical management, supervised exercise, and vascular interventions to bridge the gap in P.A.D. care and optimize long-term patient outcomes.

Learning Objectives:

Upon completion of this educational activity, participants should be able to:

1. **Analyze** the current epidemiological state of Peripheral Arterial Disease (P.A.D.) in 2026 and evaluate projected clinical trends over the next 25 years to better anticipate future patient needs.
2. **Contrast** the physiological principles of arterial intermittent pneumatic compression (IPC) with those of venous and lymphatic compression to ensure the correct application of compression modalities.
3. **Explain** the specific hemodynamic mechanisms through which IPC augments arterial inflow and promotes collateralization in the lower extremities.
4. **Apply** evidence-based selection criteria and clinical trial data to identify appropriate candidates for IPC therapy, specifically focusing on the management of "no-option" patients.

Intended Audience: Podiatrists

Fees: \$ 0.00

Refund Policy: N/A

In-House CME is accredited by the Council on Podiatric Medical Education as a provider of continuing education in podiatric medicine. In-House CME has accredited this activity for a maximum of 1.0 continuing education contact hour.

In-House CME, LLC has designated an unrestricted educational grant from the following commercial entities for this educational activity:

Airos Medical

Panelists

John Evans, DPM



Dr. John Evans received his DPM from the Temple University College of Podiatric Medicine and has a BS in Pharmacy from the University of Connecticut. He is board-certified by the American Board of Foot and Ankle Surgery (Foot and Ankle) and is Chief of Podiatry at Corewell Health (Beaumont) Medical Center in Dearborn, Michigan.

He has served as Chair of the American Podiatric Medical Association (APMA) Health Policy and Practice Committee and as a Medicare Carrier Advisory Committee (CAC) representative for over 20 years and was the 2018 recipient of the APMA Award of Excellence. He served as the Podiatric representative to the PAD Guidelines Writing Committee of the American Heart Assn. and American College of Cardiology which were published in 2024 and serves as the Podiatric representative of APMA to the AHA PVD Leadership Council. He is active with the American Board of Foot and Ankle Surgery, having served on multiple committees including their Board of Directors for eight years, and is the immediate Past-Chair of their Communications Committee. He is active with the American Limb Preservation Society on the Health Equity and Advocacy Committee as Co-Chair of the Research and Data Analysis Sub-Committee, the CLI Global Society, and as faculty for the New Cardiovascular Horizons organization, Desert Foot, and Goldfarb Foundation.

Dr. Evans is a nationally recognized speaker on a variety of topics including Peripheral Arterial Disease, the Diabetic Foot, Limb Salvage and Preservation, Physician Burnout, Dealing with the Difficult Patient, and Mindfulness in Medicine. Dr. Evans is in private practice in southeast Michigan.

Disclosures: Dr. Evans is a consultant for Airos, Inari, Modus, and Histologics and is on the speaker's bureau or Perimed.

Ben Pearl, DPM



Aaron Ben Pearl, DPM - Dr. Pearl is a sports podiatrist and a Fellow of the American Academy of Podiatric Sports Medicine, serving the Arlington and McLean, Virginia communities since 1992. Recently recognized by Washingtonian Magazine as one of the region's top sports doctors, Dr. Pearl specializes in comprehensive foot and ankle care for patients of all ages. His clinical expertise is backed by a degree from the Temple University School of Podiatric Medicine and significant public health contributions, including his roles as a consultant for the National Institutes of Health (NIH) and an advisor for the FDA. Deeply integrated into the athletic community, Dr. Pearl serves as the team podiatrist for the District Track Club—an elite Olympic development team—and as the Medical Director for the SUNY New Paltz high school cross country camp. His professional focus on sports medicine is driven by his personal lifestyle as an avid runner, cyclist, and ski instructor. Beyond the clinic, he is a frequent contributor to the medical dialogue, having been featured in The Washington Post Magazine, interviewed on MSNBC regarding barefoot running, and providing expert health insights for News Channel 8. Dr. Pearl also maintains an active presence in health education through his podiatric articles and his performance-focused blog, Docs for Jocks.

Disclosures: No financial relationships with commercial interests to disclose.

For more information contact In-House CME at info@InHouseCME.com. If you wish to opt out of your information being shared with commercial interests, please contact us.