



**In-House CME**

# Fracture Control, Minimal Footprint: MIS in Ankle Trauma

05/14/2026 7:00 PM Eastern

Live Virtual Webinar

Fracture Control, Minimal Footprint: MIS in Ankle Trauma explores the role of minimally invasive techniques in modern ankle fracture management, with emphasis on soft tissue preservation and anatomic reduction. Designed for surgeons managing rotational and complex ankle injuries, this CME webinar focuses on fracture pattern recognition, indications for percutaneous fixation, and biomechanical principles that allow stable constructs through limited exposures—particularly in compromised soft tissue envelopes.

Through case-based discussion and practical algorithms, we will cover percutaneous fibular fixation, MIS syndesmotom stabilization, and fluoroscopic reduction assessment. The session emphasizes reproducible fracture control, avoidance of malreduction, and optimization of outcomes while maintaining a minimal surgical footprint.

## Learning Objectives:

1. Evaluate ankle fracture patterns to determine appropriate indications for minimally invasive fixation techniques.
2. Apply percutaneous reduction and fixation strategies while maintaining anatomic alignment and stable syndesmotom mechanics.
3. Identify common pitfalls in MIS ankle trauma surgery and implement strategies to reduce malreduction and soft tissue complications.

**Intended Audience:** Podiatrists

**Fees:** \$ 0.00

**Refund Policy:** N/A

In-House CME is accredited by the Council on Podiatric Medical Education as a provider of continuing education in podiatric medicine. In-House CME has accredited this activity for a maximum of 1.0 continuing education contact hour.

No commercial interest provided financial support for this continuing education activity.

## Panelists

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### ***Jeffrey Dikis, DPM***



Dr. Jeffrey Dikis is a board-certified podiatric foot and ankle surgeon currently practicing at McFarland Multispecialty Clinic in Polk City, Iowa. He earned his Doctor of Podiatric Medicine degree from Des Moines University College of Podiatric Medicine & Surgery in 2012, following his undergraduate studies in Integrative Physiology at the University of Iowa. Dr. Dikis completed his comprehensive foot and ankle surgery residency at the University of Pittsburgh Medical Center from 2012-2015, where he served as Chief Resident Physician in his final year. He achieved board certification from the American Board of Foot and Ankle Surgery in both Forefoot Surgery and Rearfoot & Ankle Surgery in 2021, and is a Fellow of the American College of Foot and Ankle Surgeons.

Beyond his clinical practice, Dr. Dikis is actively involved in medical education and research, serving as a Clinical Instructor at Des Moines University College of Podiatric Medicine & Surgery and as a peer reviewer for medical journals including the Journal of the American Podiatric Medical Association. He has authored multiple research publications on topics ranging from surgical techniques to biomechanical analyses and has presented over 50 presentations during his career. Dr. Dikis is also a prominent voice in podiatric education through his hosting of the Pod Patrol Podcast, which ranks in the top 10% of Spotify Video Podcasts, and the GaitKeepers National Journal Club. His clinical interests focus on arthroscopy and minimally invasive surgery, sports medicine and athletic injuries, and trauma and rearfoot reconstructive surgery.

**Disclosures:** No financial relationships with commercial interests to disclose.

### ***Brian Burgess, DPM***



Brian Burgess, DPM received his podiatry degree from the Dr. William M. Scholl College of Podiatric Medicine in 2009 and his bachelor's degree, with honors, from the University of Illinois at Urbana-Champaign. Dr. Burgess completed a three-year podiatric surgical residency in trauma and reconstructive surgery of the foot and ankle at Mercy Hospital and Medical Center in Chicago. In addition to his clinical practice, Dr. Burgess is actively involved with medical education. He is the fellowship director of the Hinsdale (IBJI) Foot and Ankle Fellowship. He is also actively involved with The American College of Foot and Ankle Surgeons, where he dedicates considerable time training medical students, residents and experienced surgeons. He frequently lectures nationwide and is an invited faculty at advanced ankle arthroscopy courses and annual scientific conferences.

**Disclosures:** Dr. Burgess is a consultant for Enovis and Coventus and receives grant/research support from Arthrex and Medline

For more information contact In-House CME at [info@InHouseCME.com](mailto:info@InHouseCME.com). If you wish to opt out of your information being shared with commercial interests, please contact us.