



**In-House CME**

# Salvage Mode Activated: Advanced MIS for Complex Limb Deformity

04/28/2026 8:00 PM Eastern

Live Virtual Webinar

Salvage Mode Activated: Advanced MIS for Complex Limb Deformity is a surgeon-level deep dive into the evolving role of minimally invasive surgery in high-stakes foot and ankle reconstruction. This CME webinar moves beyond standard percutaneous bunion work and into true salvage territory—rigid multiplanar deformity, failed prior reconstruction, posttraumatic malunion, progressive Charcot collapse, and soft-tissue-compromised extremities. We will dissect patient selection criteria, deformity analysis strategies, and preoperative planning frameworks that allow surgeons to execute powerful corrections through limited incisions while preserving vascularity and biologic potential. Emphasis will be placed on osteotomy geometry, fixation strategy in constrained corridors, and maintaining mechanical alignment without sacrificing soft-tissue integrity.

The session integrates case-based discussion with technical pearls and complication avoidance strategies drawn from real-world salvage scenarios. Topics include percutaneous realignment techniques, MIS arthrodesis in revision settings, fluoroscopic workflow optimization, and strategies for managing intraoperative and postoperative pitfalls unique to limited-exposure correction. We will also address the biomechanics behind achieving coronal, sagittal, and rotational correction through small incisions—because minimal exposure should never mean minimal correction. Attendees will leave with actionable algorithms, reproducible workflows, and a sharper framework for determining when MIS is an appropriate escalation strategy rather than simply a smaller incision.

## Learning Objectives:

1. Analyze complex foot and ankle deformity patterns and determine appropriate indications for minimally invasive surgical correction in salvage settings.
2. Apply advanced MIS techniques to achieve multiplanar correction while preserving soft tissue integrity and optimizing fixation stability.
3. Develop evidence-based intraoperative and postoperative management strategies to minimize complications and improve functional outcomes in high-complexity deformity cases.

**Intended Audience:** Podiatrists

**Fees:** \$ 0.00

**Refund Policy:** N/A

In-House CME is accredited by the Council on Podiatric Medical Education as a provider of continuing education in podiatric medicine. In-House CME has accredited this activity for a maximum of 1.0 continuing education contact hour.

No commercial interest provided financial support for this continuing education activity.

## Panelists

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### **Jeffrey Dikis, DPM**



Dr. Jeffrey Dikis is a board-certified podiatric foot and ankle surgeon currently practicing at McFarland Multispecialty Clinic in Polk City, Iowa. He earned his Doctor of Podiatric Medicine degree from Des Moines University College of Podiatric Medicine & Surgery in 2012, following his undergraduate studies in Integrative Physiology at the University of Iowa. Dr. Dikis completed his comprehensive foot and ankle surgery residency at the University of Pittsburgh Medical Center from 2012-2015, where he served as Chief Resident Physician in his final year. He achieved board certification from the American Board of Foot and Ankle Surgery in both Forefoot Surgery and Rearfoot & Ankle Surgery in 2021, and is a Fellow of the American College of Foot and Ankle Surgeons.

Beyond his clinical practice, Dr. Dikis is actively involved in medical education and research, serving as a Clinical Instructor at Des Moines University College of Podiatric Medicine & Surgery and as a peer reviewer for medical journals including the Journal of the American Podiatric Medical Association. He has authored multiple research publications on topics ranging from surgical techniques to biomechanical analyses and has presented over 50 presentations during his career. Dr. Dikis is also a prominent voice in podiatric education through his hosting of the Pod Patrol Podcast, which ranks in the top 10% of Spotify Video Podcasts, and the GaitKeepers National Journal Club. His clinical interests focus on arthroscopy and minimally invasive surgery, sports medicine and athletic injuries, and trauma and rearfoot reconstructive surgery.

**Disclosures:** No financial relationships with commercial interests to disclose.

### **Kelsey Millonig, DPM, MPH, DABFAS, FACFAS, DABPM**



Dr. Millonig is a double board-certified, fellowship-trained foot and ankle surgeon who earned her Doctor of Podiatric Medicine and Master of Public Health degrees from Des Moines University. She completed her surgical residency at the Franciscan Foot and Ankle Institute and a reconstructive fellowship at the Rubin Institute of Advanced Orthopedics. During her training, she was selected for an internship at the World Health Organization in Geneva, Switzerland.

She has participated in medical service missions in five countries, contributed to peer-reviewed journals and textbooks, and is a nationally recognized lecturer. Dr. Millonig has received multiple scholarly awards and held leadership roles within the American College of Foot and Ankle Surgeons, American Public Health Association, and American Podiatric Medical Association.

**Disclosures:** Dr. Millonig is a consultant for Arthrex, Stryker, Orthofix, Vilex, Johnson & Johnson, and Medline. She receives grant/research support from Stryker, Orthofix, and Ossio.

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